

## **Adobe Premiere Pro Level I – An Introduction to Adobe Premiere Pro – Course Outline (3 Day)**

### **Lesson 1: Video Essentials**

RGB color model  
Frame size  
Pixel Aspect Ratio  
Alpha Channels  
Frame Rate  
Time Code  
Interpreting Footage  
Introduction to codecs and maintaining quality in your work

### **Lesson 2: Overview of Adobe Premiere Pro CS5**

Basics of Nonlinear editing in Adobe Premiere Pro CS5  
Presenting the standard digital video workflow  
Enhancing the workflow with high-level features  
Incorporating other CS5 components into the editing workflow  
Adobe Premiere Pro workspace  
Customizing the workspace

### **Lesson 3: Selecting Settings, Adjusting Preferences, and Managing Assets**

Selecting project settings by sequence  
Three types of settings  
Specifying project settings  
Importing assets  
Taking a closer look at images  
Managing media in bins  
Exploring additional bin features  
Finding assets with the Media Browser

### **Lesson 4: Importing and Managing Tapeless Media**

Using a tapeless workflow  
Using the Media Browser  
Importing XDCAM media  
Importing P2 media  
Importing AVCHD media  
Mixing media formats

### **Lesson 5: Shooting and Capturing Great Video Assets**

Tips for shooting great video  
Capturing video  
Capturing an entire DV tape  
Using batch capture and scene detection  
Tackling manual analog movie capture  
Capturing HDV and HD video

### **Lesson 6: Creating Cuts-Only Videos**

Using a storyboard to build a rough cut  
Editing clips on the Timeline  
Moving clips to, from, and within the Timeline  
Working with Source Monitor editing tools  
Adjusting clips in the Trim panel  
Using other editing tools

### **Lesson 7: Adding Video Transitions**

- Using transitions with restraint
- Trying some transitions
- Changing parameters in the Effect Controls panel
- Using A/B mode to fine-tune a transition
- Applying transitions to multiple clips at once
- Adding audio transitions

### **Lesson 8: Creating Dynamic Titles**

- Strengthening your project with titles
- Changing text parameters
- Building text from scratch
- Putting text on a path
- Creating shapes
- Making text roll and crawl
- Adding text effects: sheens, strokes, shadows, and fills

### **Lesson 9: Applying Specialized Editing Tools**

- Exploring timesaving editing tools
- Replacing a clip and replacing footage
- Using Sync Lock and Track Lock
- Finding gaps in the timeline
- Editing with In and Out points around a clip
- Creating subclips from the Source Monitor
- Multicamera editing

### **Lesson 10: Adding Video Effects**

- Sampling some basic video effects
- Applying effects to multiple clips
- Adding keyframing effects
- Adding keyframe interpolation and velocity
- Adding lighting effects
- Creating custom presets

### **Lesson 11: Acquiring and Editing Audio**

- Setting up a basic voice-recording area
- Voicing professional narrations
- Creating a high-quality aural experience
- Examining audio characteristics
- Adjusting audio volume
- Adjusting audio gain
- Adding J-cuts and L-cuts

### **Lesson 12: Working with Color, Nested Sequences, and Shortcuts**

- An overview of color-oriented effects
- Adjusting and enhancing color
- Using nested sequences
- Nesting clips
- Getting to know the recommended keyboard shortcuts

### **Lesson 13: Exporting Frames, Clips, and Sequences**

- Overview of export options
- Recording to tape
- Exporting single frames
- Using the Export Settings dialog
- Working with Adobe Media Encoder

Format overview  
Using the formats  
Exporting to mobile devices  
Exporting to Final Cut Pro  
    Working with edit decision lists